

## **CERTIFICATE** OF PARTICIPATION

This is to certify that

## palesa matsuma

Has successfully participated & completed the

13km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

## **TIME** 02:06:07

**PACE** 09:42/km **OVERALL** 107 of 149 **GENDER** 40 of 70 **40 - 49** 17 of 28

23 June 2019, Sun

Date

outTime

Signature